

Chiang Mai University Language Institute – Summer School  
Sustainability Abroad Program | 24 August – 5 September 2026



|       |        | Morning Session   | Lunch   | Afternoon Session   | Evening Session  |  |
|-------|--------|---|---|---|--|--|
| Sun   | 23 Aug | Arrive at Chiang Mai International Airport – Meet and Greeting at meeting point.<br>Transfer to accommodation   |   |   |  |  |
| Mon   | 24 Aug | <p><b>09.00-09.30 Orientation and welcome</b></p> <p><b>09.30-11.00 Icebreaking with Chiang Mai University buddies</b></p> <p><b>11.00-12.00 Scenic ‘Ang Kaew’ Reservoir Visit</b></p>  | <p><b>12.00-13.30</b></p> <p>Welcome Buffet Lunch at Chiang Mai Grandview Hotel</p> | <p><b>14.00-17.00 Chiang Mai City Scavenger Hunt</b> – participants will buddy up with a local CMU student to complete various cultural challenges and task in the city.</p>  |  |  |
| Tues  | 25 Aug | <p><b>09.00-12.00 English for Global Communication</b> – focusing on the development on active communication skills necessary for engaging with others during everyday scenarios. This course will focus on developing confidence using English language whilst also broadening the knowledge of sustainability topics and agendas (<i>Beginner, Pre-intermediate and upper intermediate classes</i>)</p>   | <p>Self-Lunch</p>   | <p><b>14.00-17.00 Field Excursion: Downstream River Ping</b> – participants will learn more about the causes and impacts of seasonal flooding in the city, as well as Chiang Mai’s flood protection initiatives (<b>River Boat Cruise</b>)</p>  | <p><b>18.00-20.00 Welcome Dinner on the Ping River with participants</b></p> |  |
| Wed   | 26 Aug | <p><b>09.00-17.00 River Basin &amp; Watershed Management Visit to Mae Rim and Mae Sa, Chiang Mai</b> - Students will examine how deforestation in upstream regions contribute to flooding in Chiang Mai related to poor urban planning and unsustainable land use. A key highlight of the visit is a stop at Mae Sa Elephant camp where students will meet local stakeholders to understand impact of flooding on elephant conservation and welfare</p> |   |   |  |  |
| Thurs | 27 Aug | <p><b>09.00-12.00 English for Global Communication</b> – focusing on the development on active communication skills necessary for engaging with others during everyday scenarios. This course will focus on developing confidence using English language whilst also broadening the knowledge of sustainability topics and agendas (<i>Beginner, Pre-intermediate and upper intermediate classes</i>)</p>   | <p>Self-Lunch</p>   | <p><b>13.00-14.30 Seminar: Introduction to the impact of Climate Change in the Asia Pacific region</b> (<i>Natural Disaster Management Research Centre, CMU</i>)</p>  |  |  |
| Fri   | 28 Aug |   |   | <p><b>15.00-16.30: Seminar: Introduction to Urban Flooding Challenges &amp; Solutions</b> – participants will understand the causes and consequences of flooding in Chiang Mai. Natural and human induced factors contributing to flooding. (<i>Natural Disaster Management Research Centre, CMU</i>)</p> |  |  |
|       |        |   |   | <p><b>Free and easy – self exploration</b></p>  |  |  |

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|-------|--------|--|------------|--|---|
| Sat   | 29 Aug | 09.00-15.00 Cultural Excursion: Jing Jai Market, Chedi Luang Temple and Doi Suthep Temple <i>(lunch included)</i>  |            |  |   |
| Sun   | 30 Aug | Self-Exploration - Free and easy   |            |  |   |
| Mon   | 31 Aug | <p><b>09.00-12.00 English for Global Communication</b> – focusing on the development on active communication skills necessary for engaging with others during everyday scenarios. This course will focus on developing confidence using English language whilst also broadening the knowledge of sustainability topics and agendas. <i>(Beginner, Pre-intermediate and upper intermediate classes)</i></p> | Self-Lunch | <p><b>14.00-16.00 Seminar: Chiang Mai Provincial Office</b> – participants will receive valuable insights into the city’s flood management strategies and their impact on tourism <i>(Department of National Park and Wildlife and Plants)</i></p>   |   |
| Tues  | 1 Sep  |  |            | <p><b>14.00-16.00 Industry Visit: Shangri La Hotel Chiang Mai Mitigation and Planning</b> – participants will learn about a successful case study related to the implementation of an advance flood protection system.</p>   |   |
| Wed   | 2 Sep  |  |            | <p><b>13.00-16.00 Group Discussion, Reflection and Wrap Up Discussion</b> – pitching ideas for improving the situation</p>   |   |
| Thurs | 3 Sep  |  |            | <p><b>14.00-16.00 Field Excursion: Thai Way of Life</b> – promotion of local lost knowledge, customs and wisdom is important in sustainability to ensure the knowledge continues to be passed on from generation to generation. During these sessions, students will learn more about local traditions and customs related to <b>fabric dying</b>.</p> | <p><b>17.30 Certificate Presentation ceremony</b></p> <p><b>18.00 Farewell Dinner</b></p> |
| Fri   | 4 Sep  | <p><b>08.30-14.00 Field Excursion: Elephant Nature Park Visit</b> – students will spend the day taking care of their own elephant for the day including feeding and bathing before taking a jungle/river walk.</p>   |            |  |   |
| Sat   | 5 Sep  | <p><b>Checkout of accommodation</b><br/><b>Transfer to Chiang Mai International Airport</b><br/><b>End of Program</b></p>  |            |  |   |