

Sustainable English & Experiential Discovery (SEED Program) | Chiang Mai University Sustainability School - Spring Edition | 7-20 February 2027

		Morning Session	Lunch	Afternoon Session	Evening Session
Sun	7 Feb	Arrive at Chiang Mai International Airport Meet and greet at Chiang Mai International Airport (international terminal) Transfer to accommodation			
Mon	8 Feb	09.00-09.30 Welcome and Orientation plus Introduction to Chiang Mai University and LICMU 09.30-11.00 Ice-breaking activities with Chiang Mai University buddies 11.15-12.00 Ang Kaew Reservoir Stroll with CMU buddies	12.00-13.00 Welcome Buffet Lunch at Chiang Mai Grandview Hotel	13.30-16.00 – Fieldtrip – Chiang Mai Team Building Scavenger Hunt – a timed activity working with local buddies to complete the required tasks. This will also be a chance for students to improve their knowledge of Thai language and build vocabulary in a daily context.	18.30-20.00 Kantoke Dinner and Cultural Performances – official welcome northern Thai dinner with dancing performances with CMU Thai buddies
Tues	9 Feb	09.00-12.00 English for Sustainability – aims to develop students’ communication skills while exploring key sustainability issues in local and global contexts. Through English medium discussions, collaborative group activities and project-based learning, students will build their English language and confidence needed to engage with contemporary environmental and social challenges.	Self-Lunch	13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright.	
Wed	10 Feb			13.00-16.00 Understanding Living Heritage – students will learn about preservation of living and cultural heritage in northern Thailand – this session participants will learn about northern Thai pottery through a visit to Baan Muang Goong Pottery Village.	
Thurs	11 Feb			13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology and overcoming stage fright.	
Fri	12 Feb			13.00–16.00 Doi Suthep Nature Centre – students will engage with field-based learning experiences and introduces biodiversity of Doi Suthep. Students will learn about local forest ecosystems and climate change. This visit will also culminate in a short workshop activity ‘designing a tote bag’ which students will be able to take back home as a souvenir.	
Sat	13 Feb	09.30-15.00 Jing Jai Farmers Market, Chedi Luang and Doi Suthep Temples– the local farmers market showcases many local produces plus a variety of different street food from the region. After, students will venture to the highest temple in Chiang Mai about 1600m above sea level and complete the 300 steps climb to the summit.			
Sun	14 Feb	No Programming – Self Exploration			

Mon	15 Feb	09.00-12.00 English for Sustainability – aims to develop students’ communication skills while exploring key sustainability issues in local and global contexts. Through English medium discussions, collaborative group activities and project-based learning, students will build their English language and confidence needed to engage with contemporary environmental and social challenges.	Self-Lunch	13.00-16.00 Sustainable Food Chain and Thai Cooking (Ginger Farm) – this hands-on experience at Ginger Farm introduces students to sustainable food systems through the journey of ingredients from farm to table. Students will explore how locally grown produce, responsible farming practices and seasonal ingredients can contribute to more sustainable patterns of food production and consumption.	
Tues	16 Feb			13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright.	
Wed	17 Feb			14.00-17.00 Introduction to Thai Puppetry - preservation of Thai Lanna Heritage through storytelling – this interactive session introduces Thai puppetry as a form of storytelling with a focus on the culture, traditions and identity of Northern Thailand (Lanna). Students will explore how puppets, characters, movement, music and traditional stories be used to communicate aspect of Lanna heritage and local ways of life. Students will also replicate a short story telling with a group activity.	
Thurs	18 Feb			13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright.	17.00 Closing Ceremony 18.00 Farewell Dinner
Fri	19 Feb	08.00-14.00 Elephant Nature Park Visit – this experiential visit introduces students to elephant conservation and the role of responsible tourism in northern Thailand. Students will learn about elephant behavior, welfare, ethical care practices and changing relationship between elephants, local communities and tourism		Free and easy	
Sat	20 Feb	Checkout of accommodation Transfer to airport. End of program			