

NUS simulation program English report (August. 26~September. 6)

153076 Ayane Matsuzaki

【Aims】

I was originally interested in international exchange and have experience of studying language in the UK before. So as next step, I wanted to interact with foreign medical students and broaden my outlook of medical in the world. It was last year I became to be interested in this program. I saw a demonstration of ACLS by NUS students at briefing session of studying abroad programs. I was impressed by their high abilities, and I became to think that I want to study medical with them and stimulated by them.

In addition to that, I heard that NUS has a lot of up-to-date simulations, so I wanted to use that simulations and brush up my skills.

【About NUS】

NUS is a national university located in southwest of Singapore, Kent Ridge. NUS got second place in Asia at the World University Ranking. Yong Loo Lin School Of Medicine is the medical department of NUS and has 300 medical students for each grade. They have 5 years as medical student.

【Schedule】

日付	集合	午前	終了
8/26 (月)	7:45	BLS&AED	18:00
8/27 (火)	7:45	ACLS Day1 講義、練習	19:00
8/28 (水)	7:45	ACLS Day2 試験	17:00
8/29 (木)	8:15	Basic Clinical Procedural Simulation	17:45
8/30 (金)	7:45	Computer Based Simulation	21:00
8/2 (月)	8:15	Pediatrics & Airway Simulation	17:30
8/3 (火)	7:45	TeamSTEPPS	22:00
8/4 (水)	7:45	Crisis Simulation	22:30
8/5 (木)	8:15	Advanced Clinical Procedural Simulation	17:00
8/6 (金)	7:45	Professionalism in Action	21:00

【Lifestyles】

We stayed in a hotel near the NUS, and went to the NUS using grab. Transportation expenses was cheaper than Japan.

We ate breakfast in the hotel and lunch was prepared almost every day in the NUS. For

dinner, we sometimes ate with NUS students and sometimes went to Hawkers. When the classes finished around 22:00, we ate at NUS's food court.

【Singapore students】

Singapore people are familiar to Japan, so almost all of students said to have been to Japan before. They said that they also have exchange programs with Juntendo University and Kobe University.

What I was impressed the most is, their "Hospitality". NUS students introduced us many Singapore foods and treated us a lot. On weekends, they brought us to the sightseeing and explained about Singapore whole day.

During the classes, I was surprised by their positiveness. They responded to doctors and asked many questions without hesitations. Japanese students often hesitate to react to teachers, so we should imitate that point.

The way they take notes is what we can imitate, too. All of NUS students have iPads and bring them to anywhere. They can refer to medical information anytime and take notes on the iPads easily. It must be very useful for us, too.

【Summary】

What I learned the most through this program is, the importance of English communication skill. There was not so many difference between Japanese medical knowledge and Singapore medical knowledge. But no matter how abundant medical knowledge we have, there is no meanings without understanding English and conveying our intentions to others in English, in the world. During the simulation programs, I hesitated to speak up my intention scores of times because of fears of my misunderstandings of their English. I think Japanese people lose a lot because of their poor English.

I think I want to study harder not only medical but also English and in the future, want to be able to discuss with foreign doctors in fluent English. And I'll learn from Singapore students, try to take on my clinical practice on my own initiative.

This program was so precious experience for me. Thank you for all of people involved in this NUS simulation program.