

# Paris Descartes University

## Clinical Clerkship Program

Yokohama City University, School of Medicine 6<sup>th</sup> Year

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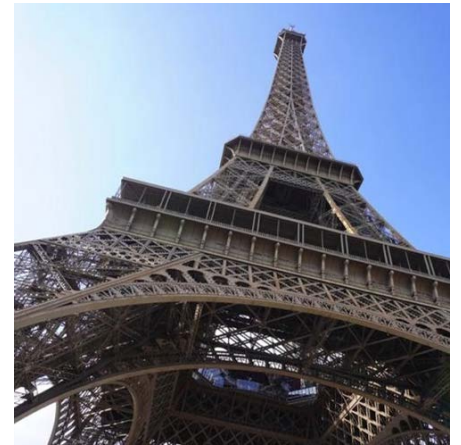
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\*Pictures in presentation taken by presenter unless otherwise noted



# + Overview of Program



UNIVERSITÉ  
PARIS  
DESCARTES

■ Term: March 4<sup>th</sup>-29<sup>th</sup>, 2019 (4 weeks)

■ Paris Descartes University (=Paris V)

■ One of the 13 universities split from Paris University, in 1970

■ Focused on humanities and health, including medicine



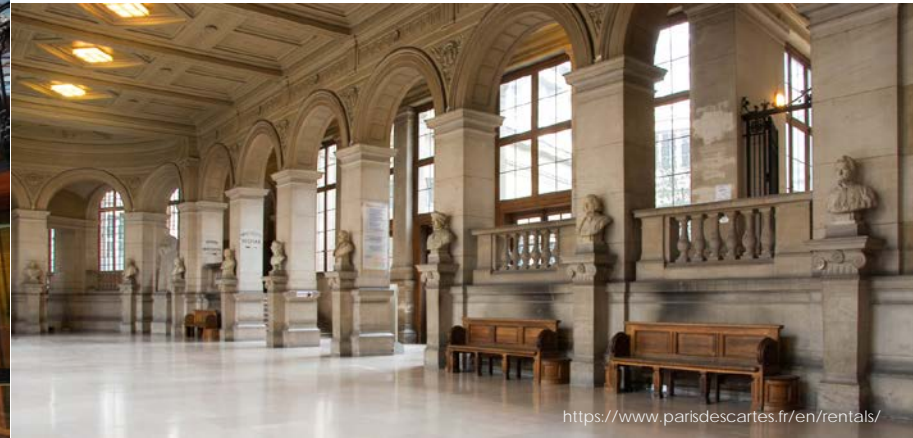
←Fashion show at main campus...?!



# + Sneak peek inside campus...

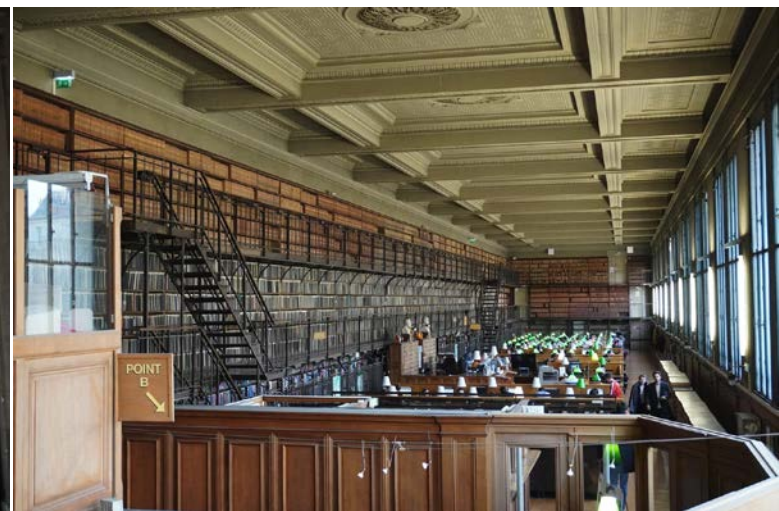


← Museum of the History of Medicine



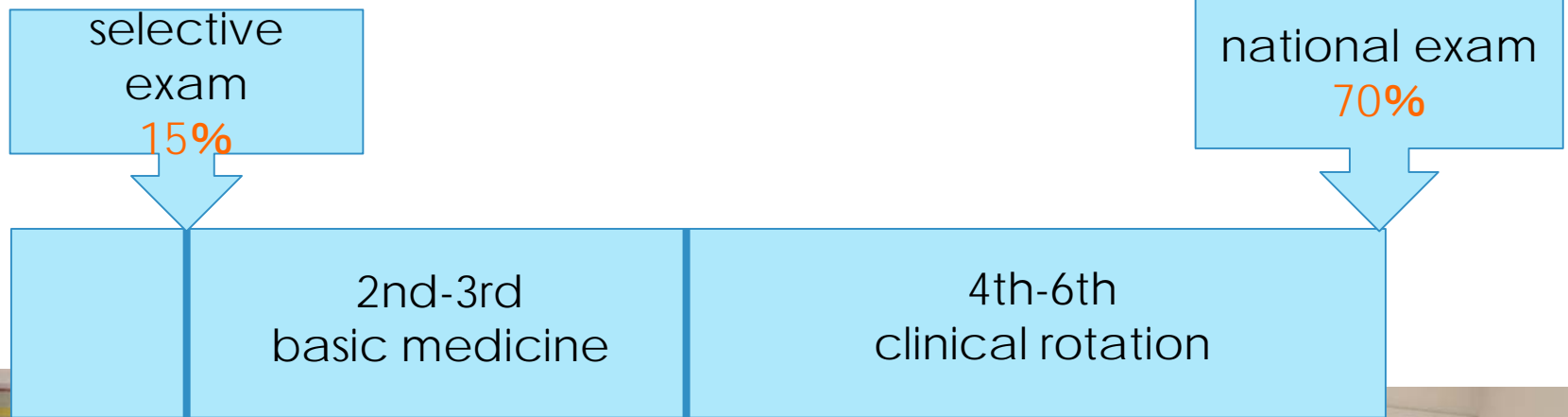
<https://www.parisdescartes.fr/en/rentals/>

↓ Library



# + French Medical Education System

- 6 years in med. school (the same system in Japan)
- A highly-selective exam (only 15%)
- NATIONAL EXAM (70%)





# + Our Daily Life in Paris

## ■ Schedule

- From Monday to Friday

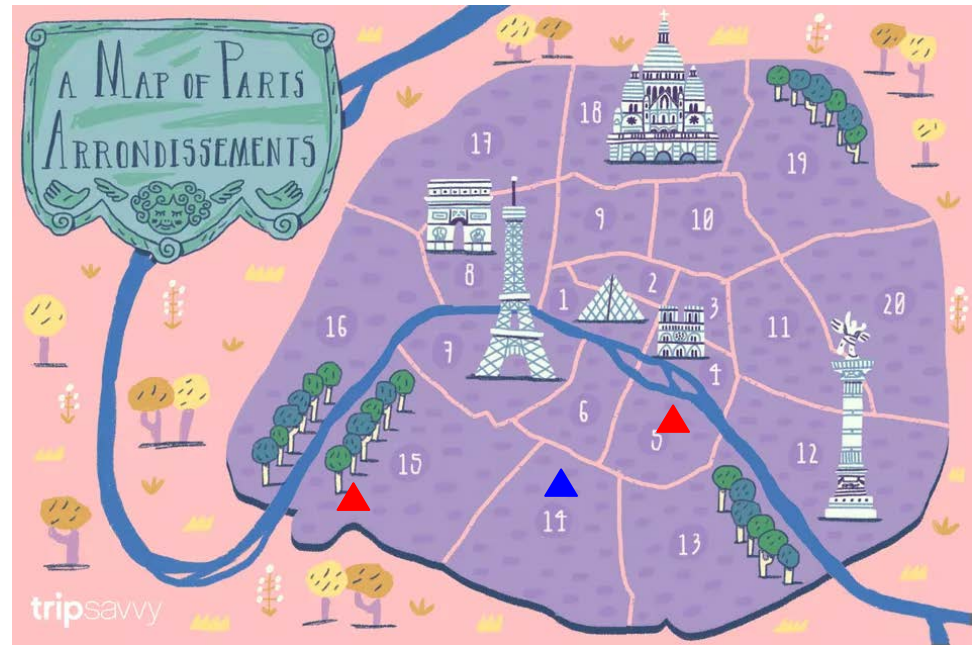
- Surgery, consultation, ward round

## ■ Foyer le Pont

- Safe, convenient, quiet, easy access

## ■ Transportation

- Metro, bus, tram



# + <Sakurako> WHY choose France?

- Interested in **breast surgery specialty**
- Wanted to learn about oncology
- 60% of the doctors are women
  - Wanted to know the cultural attitudes toward working women, current situation
- **Clinical and translational research**





+ <Sakurako>

# Oncology at Curie Institute

- Founded in 1909 by Marie Curie
- Private hospital and research center for cancer
  - 60% of the activity is for breast cancer.
  - Active in clinical trial  
(1 in 5 patients are on any trials!)





# + <Yuna> WHY choose France?

## ■ Future Career Aspirations

- Obstetrics & gynecology (ob&gyn)
- Public health issues, in Japan and globally

## ■ Interest in French...

### 1. Health System

- Universal health care system (similar to Japan)
- Increase in birth rate ← reasons why

### 2. Culture, Language, Perspectives

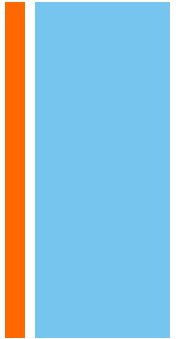
- Understanding French mind-set  
(esp. Gender equality, work life balance)





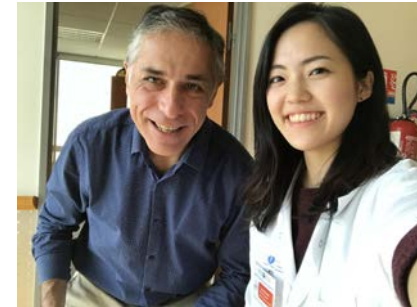
<Yuna>

# Surgical Gynecology & Breast Cancer at HEGP (Hôpital Européen Georges-Pompidou)



## ■ HEGP

- Last born Parisian hospital in 2001
- Ovarian and breast cancer common  
(*Breast cancer included in ob&gyn !*)



←With Professor  
Fabrice Lecuru

## ■ What I did...

- Surgery at Operation Room (everyday)
- Consultations (=out-patient service)
  - Patient-doctor communication
- Post-operation Patient Rounds



(Left) With the Surgeons  
(Right) Consultation Office







<Yuna>

# Obstetrics at Necker Hospital

(Hôpital Necker – Enfants Malades)

Originally not included in program, permission by Dr. Neil O'Gorman

## ■ Necker Hospital

- Oldest pediatric hospital in the world in 1778
- First stethoscope, in 1816 by René Laennec



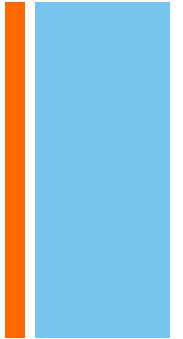
## ■ What I did...

- Epidural Births
  - 80% ⇔ 5% in Japan
  - Midwives have more responsibilities
- Emergency Obstetrics
- Postpartum care (ex. pelvic floor prevention)





# Pros/Cons



## Pros

- **Living in PARIS for 1 month!**
  - So many places to visit nearby, easy access
- **Learning about France**
  - Health system, history, culture, language
  - Interacting with French people

## Cons

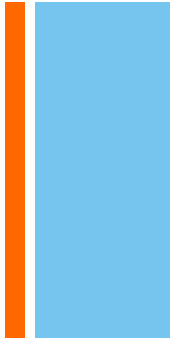
- **Language Barrier**
  - Communication mostly in French, with limited use of English
- **Political Instability?**
  - Protests, terrorist attacks, etc.





# Advice for Next Year: Preparation

(From June ~ Fall 2019)



## What you can do starting TODAY...

### ■ Step 1: Do you have VALID English score?

■ Study for **TOEFL, IELTS**

: cannot use *TOEFL score taken in 1<sup>st</sup> year*

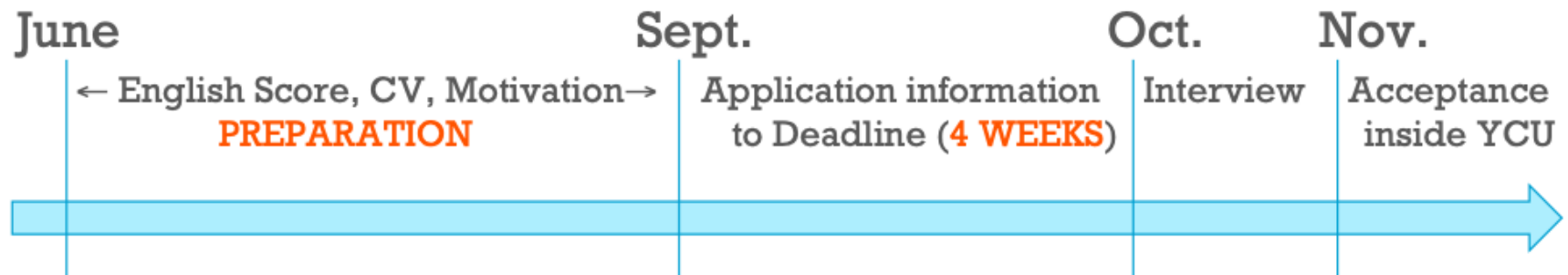
### ■ Step 2: For Application Process

■ **Curriculum Vitae (CV)**

■ **Your motives:** why do you want to apply?

Should be  
checked and  
revised...

**BE PREPARED!**





# After Being Accepted...

(~March 2020)

In order to spend a fulfilling life...

## ■ Step 3: Setting up your living

- Looking for accommodations

## ■ Step 4: Studying

### ■ Language

- Basic daily conversation in French

- Brushing up your English communication (important!!)

- It may be better to know about...

- Social security system, medical insurance, history, culture, social situation in Japan





# Merci beaucoup😊

With sincere gratitude to the support given- from Gushinkai, Koenkai, and all the persons concerned at both universities who made this unique experience possible.

If you have any questions, feel free to ask!

